
The concepts of self-confidence in men and women in the Russian and Dagestani culture

D.A. Arsienko

The present study investigates the perceived levels of self-confidence and the beliefs about the behavior of a confident man in men and women of the two ethnic groups: Russian (45 men, 46 women) and Dagestani (30 men, 56 women). Study was conducted using the V. Romek's self-confidence test and special questionnaire, developed by the researcher. On the basis of data in the literature certain national psychological features of the portrait of representatives of the peoples of the North Caucasus and Russian were considered. The article describes the discovered gender and cross-cultural differences. It was found that Russian males have significantly higher levels of self-confidence than Russian females. However, self-confidence scores were not significantly different between Dagestani men and women.

Keywords: self-confidence, cross-cultural differences, gender differences, V. Romek's self-confidence test

Information about the author

D.A. Arsienko – Master's Degree student of the chair of ethno-psychology and psychological issues of multicultural education (2016), faculty of social psychology, Moscow State University of Psychology and Education, Moscow, Russia.

E-mail: Daxa2006@mail.ru